

# Tips for sewing laminated fabric

From the experts at Westminster Lifestyle Fabrics ([westminsterfabrics.com](http://westminsterfabrics.com)) and Coats & Clark ([coatsandclark.com](http://coatsandclark.com))

- Thread: Use an All-purpose thread such as Coats & Clark Dual Duty XP® or Coats Cotton All-purpose
- Needles: Size 80/12 or 90/14, sharp, like a Schmetz ([www.schmetz.com](http://www.schmetz.com)) Microtex Sharp needle. A smaller needle makes a smaller puncture hole.
- Presser Foot: A Teflon® presser foot or Teflon® glide plates that adhere to the bottom of your utility presser foot will prevent the presser foot sticking when sewing on the laminated side. This is especially helpful when topstitching. A roller presser foot may also be used.

## Tips:

Use a longer stitch length (3mm or more) for seaming and topstitching. Shorter stitch lengths can have the affect of perforating the fabric.

Select a pattern with simple lines and seaming. Avoid eased, gathered or intricate shaping because the fabric does not give.

It isn't necessary to straighten the grain on a laminated fabric, it will not shift due to the coating.

Cut in a single layer with the right side up. For pieces cut on the fold, fold wrong sides together.

Mark with chalk or smooth-edged tracing wheel.

Holes may remain in fabric, so place pins in seam allowances and avoid having to rip seams. If making a garment, be sure of fit and make alterations to pattern before cutting out.

