

# Pembrokeshire Pathways Socks

By Brenda Dayne, Cast-On producer

This pattern was inspired by the beauty of Britain's only coastal National Park.

## DIFFICULTY

Requires a bit of skill

## SIZE

One size fits most.

## MATERIALS

1 skein Lana Grossa Cotton Fun sock yarn  
[45% cotton/42% wool/13% polyamide; 380m per 100g skein]; color: 503  
1 set US #2/2.75mm double-point needles



## GAUGE:

28 sts/42 rows = 4" in stockinette stitch

## PATTERN NOTES

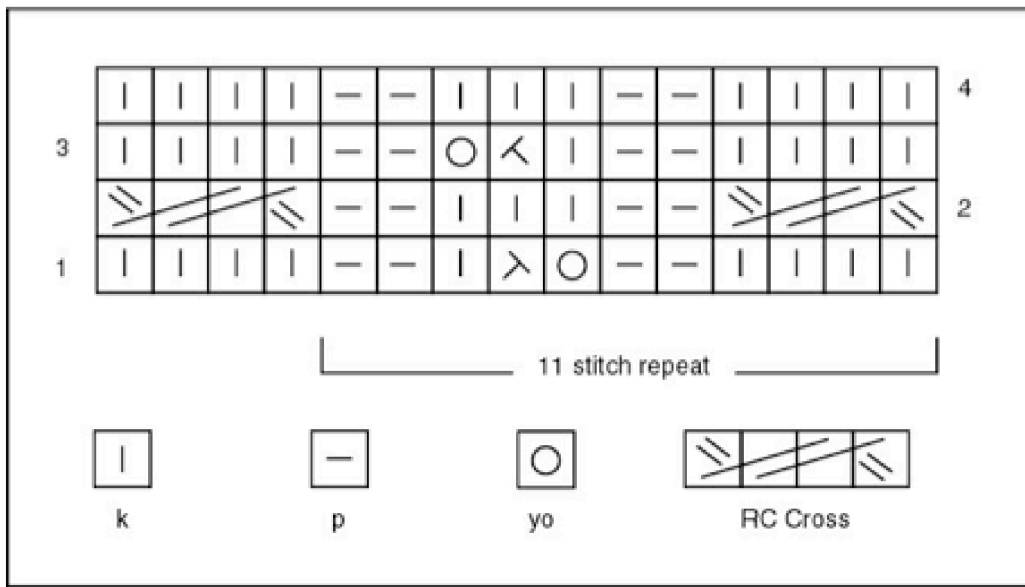
Instructions given are for socks worked using mostly four needles. The gusset, however, is worked on five.

### Rib Pattern

(k4, p2, k3, p2) repeat

### RC (Right Cable Cross)

Slip 2 sts to cable needle and hold in front of work, K2, K2 from cable needle.



### **Cable/Lace Pattern (11 st repeat)**

Row 1: (k4, p2, yo, k2tog, k1 p2) repeat

Row 2: (RC, p2, k3, p2) repeat

Row 3: (k4, p2, k1, ssk, yo, p2) repeat

Row 4: (k4, p2, k3, p2) repeat

### **PATTERN**

**Leg:** CO 66 sts. Divide evenly over three needles (22 sts per needle) and join to begin round, being careful not to twist stitches. Work in Rib Pattern for 1-1/2 inches.

Begin Cable/Lace stitch pattern and work for 7-8 inches (approximately 15-20 pattern repeats) or until leg is desired length, ending with Row 3 of Cable/Lace Pattern.

### **Heel Flap:**

On last row of stitch pattern rearrange stitches so that 33 are on first needle, 17 sts on second needle, and 16 sts on third needle as follows:

Move the last stitch on needle three into position as first stitch of needle one, knit three repeats of Cable/Lace stitch pattern, ending final pattern with p1 instead of p2. This will center the 11 stitch repeat on the first needle. The heel flap is knit back and forth over the 33 sts divided between needles 2 and 3 only, until the enough of the heel flap has been knit so that heel stitches may comfortably be combined onto one needle. Turn your work after each row of the heel flap.

Row 1 [RS]: K2tog, (k1, Sl1 with yarn in back) to end. Row 2 [WS]: Sl 1, purl to end. Repeat Rows 1 and 2, 15 times more.

Turn Heel  
Row 1 [RS]: Sl1, k17, ssk, k1, turn work. Row 2 [WS]: Sl 1, p5, p2tog, p1, turn work. Row 3 [RS]: Sl1, k6, ssk, k1, turn work. Row 4 [WS]: Sl 1, p7, p2tog, p1, turn work. Row 5 [RS]: Sl1, k8, ssk, k1, turn work. Row 6 [WS]: Sl 1, p9, p2tog, p1, turn work. Row 7 [RS]: Sl1, k10, ssk, k1, turn work. Row 8 [WS]: Sl 1, p11, p2tog, p1, turn work. Row 9 [RS]: Sl1, k12, ssk, k1, turn work. Row 10 [WS]: Sl 1, p13, p2tog, p1, turn work. Row 11 [RS]: Sl1, k14, ssk, k1, turn work. Row 12 [WS]: Sl 1, p15, p2tog, p1, turn work. Row 13 [RS]: Sl1, k16, ssk. Row 14 [WS]: Sl 1, p16, p2tog. 18 sts rem.

**Gusset:** (The gusset is knit with 5 needles.) K 18 heel sts; this needle will be designated Needle 1. Using a second needle, pick up and k 16 sts along side of heel flap, and 1 st between top of heel flap and held sts; this needle will be designated Needle 2. Using a third needle, work across held sts using Row 1 of Cable/Lace stitch pattern (k4, p2, yo, k2tog, k1, p2) three times, ending with p1 on the last repeat of the stitch pattern; this needle will be designated Needle 3. Using a fourth needle, pick up and k 1 st between last st worked and top of heel flap, then pick up and k 16 sts along edge of heel flap; this needle will be designated Needle 4.

Needle 1: 18 sts Needle 2: 16 sts Needle 3: 33 sts Needle 4: 16 sts Total: 83 sts

Next Round: K all sts on Needle 1; k all sts on Needle 2; work Row 2 of Cable/Lace stitch pattern over all sts on Needle 3; k all sts on Needle 4.

Next Round: K all sts on Needle 1; k to last 3 sts on Needle 2, k2tog, k1; work next row of Cable/Lace pattern over all sts on Needle 3; k1, ssk, k to end of Needle 4.

Next Round: K all sts on Needle 1; k all sts on Needle 2; work next row of Cable/Lace pattern over all sts on Needle 3; k all stitches to end of Needle 4.

Repeat these last 2 rounds, decreasing at gusset sides every other round, until 7 sts rem on Needle 2 and Needle 4 each.

Next Round: K all sts on Needle 1; k all sts of Needle 2; work next row of Cable/Lace stitch over all sts on Needle 3; k all sts of Needle 4, then k first 9 sts from Needle 1 onto this needle.

## **Foot**

K 9 rem sts from Needle 1 and all 7 sts from Needle 2 onto one needle; this will now be designated Needle 3. Work all sts from next needle in patt; this will now be designated Needle 1. K rem 16 sts from rem needle; this will now be designated Needle 2.

Needle 1: 33 sts Needles 2 and 3: 16 sts each Total: 65 sts

Work in patt as set, working through Cable/Lace stitch Pattern on Needle 1 and working sts on Needles 2 and 3 in stockinette st, until foot measures 2 inches less than desired length, ending with Row 2 of Cable/Lace stitch pattern.

## **Toe**

Next Round: k2tog on Needle 1, k all remaining stitches on all needles. You will now have 32 sts on Needle 1; 64 sts in total.

Dec round 1: (k6, k2tog) four times on needle 1, twice each on needles 2 and 3. 56 sts remain. Work 6 rounds in Stst.

Dec round 2: (k5, k2tog) four times on needle one, twice each on needles 2 and 3. 48 sts remaining. Work five rounds in Stst.

Dec round 3: (k4, k2tog) four times on needle one, twice each on needles 2 and 3. 40 sts remaining. Work four rounds in Stst.

Dec round 4: (k3, k2tog) four times on needle one, twice each on needles 2 and 3. 32 sts remaining. Work three rounds in Stst.

Dec round 5: (k2, k2tog) four times on needle one, twice each on needles 2 and 3. 24 sts remaining. Work two rounds in Stst.

Dec round 6: (k1, k2tog) four times on needle one, twice each on needles 2 and 3. 16 sts remaining. Work one round in Stst.

Dec round 7: (k2tog) four times on needle one, twice each on needles 2 and 3. 8 sts remaining. Work one round in Stst.

Slip sts from Needle 2 onto Needle 3. Break yarn, leaving a 12 inch tail.

Graft sts on Needle 1 to sts on Needle 3.

## **FINISHING**

Weave in ends.

**ABOUT THE DESIGNER** Brenda Dayne writes about knitting (for Interweave Knits magazine) and talks about knitting (in Cast-On: A podcast for knitters) from her from home in west Wales.