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Tissue Cozy

By Jennifer Ackerman-Haywood

Now, I know tissue cozies aren't as fun to use as eye pillows, but tissues are definitely more of an essential with the flu bug going around. Here's how to make quick and easy cozies to stash in your bag and give as gifts to infected friends.

Cut two 6 1/2 x 7 inch pieces of fabric and sew them right sides together leaving a 2-inch opening along one of the 7-inch sides. Trim corner fabric and turn right side out. Press with iron.

Fold the fabric so the ends meet in the middle and overlap slightly. Pin and stitch both edges of the cozy. (Note: This step will close the opening left when the two pieces of fabric were first sewn together.)

Turn right side out, insert a travel package of tissue and you're good to go.

