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Insulated Pot Holder/Hot Pad

Sue Elenbaas, 50, of Borculo, taught me how to make these fun potholders when I crashed a recent craft gathering at her home. I wrote the instructions below after making several at my dining room table. This project is great of whipping up a quick hostess or teacher gift on the fly. Once you get the hang of it, this project takes less than 10 minutes to complete.



Supplies:

- * 1/2 yard of two coordinating fabrics, one 10-inch square of plain cotton muslin
- * 1/2 yard Insul-Bright, heat resistant fabric (This will be enough to make at least three potholders.)
- * Fabric scissors, or rotary cutter and mat
- * Pins
- * Sewing machine

Step 1: Cut three 10-inch squares from the fabric you want to appear on the back of your potholder. Then cut two 10-inch squares from the other print.

Step 2: Fold two squares of each print in half, wrong sides together and press.

Step 3: Assemble the potholder by layering the fabric. First, place the square of muslin face down on your work surface, then place the a 10-inch square of insulating fabric on top it. Next place the 10-inch square you want on the back of your potholder right side up on the pile.

Step 4: Create a checkerboard pattern by placing the folded pieces of fabric on top of the stack with the raw edges lining up with the raw edges of the fabric below. Begin by placing a folded print along the top of the facing square. Next, place a folded piece of the contrasting fabric along the right side of the design, tucking half under the previous piece. (See photos.) Repeat this process while adding the two remaining folded pieces, arranging them so the matching fabrics appear in opposite corners.

Step 5: Pin in place, then sew around the entire square leaving about a half inch seam allowance.

Step 6: Trim the corners and turn right side out.

Step 4 in pictures

1.



2.



3.



4.



5.



6.

